



Victorian Junior Basketball League  
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## TIMING RULES VJL 1-4 & Regional

**Under 20 VJL1-4 Use Shot Clock Where Permitted, using the timing rules below**

Based on a 60 minute schedule

Two (2) Twenty (20) Minute Half's

TIMEOUTS:

Clock stops for every timeout  
Two per team per half)

Clock stops on every whistle

- **LAST MINUTE OF 1<sup>ST</sup> HALF**
- **LAST 3 MINUTES OF 2<sup>ND</sup> HALF**

Warm-up time shall be 5 minutes.

Half time interval shall be 2 minutes.

Note: If a time-out is called preceding the taking of penalty shots, then the clock shall not restart until the ball is in play after the penalty shots.